

AI Made Simple

Your friendly guide to using AI safely and confidently



Examples of using AI

1. Ask questions safely: Say "What's the weather this weekend?" or "Who is the actor in that film with Tom Hanks?" AI gives plain-language answers.


2. Set reminders & alarms: "Remind me to take my medication at 8am every day." Never miss an important task again.


3. Get help writing messages: "Help me write a birthday card for my grandson." AI drafts it you personalize and send.


4. Translate & read text: Point your phone at foreign text or small print. AI reads and translates it instantly for you.

5. Enjoy entertainment: "Play something cheerful", "Tell me a hockey joke." "Suggest a funny movie."


AI Tools


 **Siri (iPhone/iPad):** Press side button or say "Hey Siri" ask anything hands-free.

 **Google Assistant:** Say "OK Google" on Android. Great for reminders, weather & directions.

 **Amazon Alexa:** Smart speaker that plays music, reads news, controls lights, and sets reminders.

 **Google Translate:** Free app type, speak, or point camera at text to translate 100+ languages.

 **Claude / ChatGPT:** Type any question in plain English and get clear, helpful answers on any topic.

 **Google Maps:** Step-by-step directions, real-time traffic, and pharmacy/hospital hours nearby.


Things to avoid


1. 🚫 NEVER share personal info. No AI tool ever needs your SIN, banking details, passwords, or health card. If asked it's a scam.

2. ⚠️ Don't trust urgent requests. Scammers use panic to rush you. Real banks and family NEVER demand immediate wire transfers or gift cards.

3. 🔗 Verify before you click. Got a suspicious link by text or email? Don't click it. Call the person directly on a number you already know.


Stay Safe and Confident Online

 **Passwords:** Use a different password for each account. Never share them with anyone.

 **Unknown callers:** Hang up if something feels off. Scammers sound very convincing.

 **Voice clone scams:** Pick a family code word (e.g. "blueberry") to verify it's really them.

 **Fake news:** Check CBC, Globe & Mail or CTV. Google the headline to verify.

 **Not sure?** Ask a trusted person family, librarian, or community centre. Feel confident!

GOLDEN RULE

"Never type into AI anything you wouldn't shout across your community." You're always in control AI works for YOU!

Questions? Get in Touch!

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